

Praying through the week 10th November 2025
David give praise.



I will extol the Lord at all times; his praise will always be on my lips. I will glory in the Lord; let the afflicted hear and rejoice. Glorify the Lord with me; let us exalt his name together. I sought the Lord, and he answered me; he delivered me from all my fears. Psalm 34:1-4

Many of David's words in the Bible are in praise of God. This may seem obvious, but we should all take time to praise God, not only for the amazing things he has given us – the world etc, but for all that he has done and continues to do. He is everlasting, always there, even in difficult situations.

We often use prayer as a time to ask for help, or advice., but we should also remember to give thanks. We mustn't take things for granted and should constantly strive to look for the positive in situations. Looking for positives in small things, is really life affirming – the beauty we see in creation, a butterfly or flower. Small gestures of strangers – a smile or helping hand.

Vicky

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