## Praying through the week 12<sup>th</sup> February 2024 Old Testament



And Moses said to the people, "Do not be afraid. Stand still, and see the salvation of the Lord, which He will accomplish for you today...The Lord will fight for you, and you shall hold your peace." (Exodus 14:13-14)

Moses' prayer at the Red Sea is a powerful example of faith in the face of adversity. As the Israelites stood trapped between the sea and the pursuing Egyptian army, Moses cried out to God for deliverance. His prayer was answered in a miraculous way, as God parted the waters and allowed the Israelites to cross on dry land.

We all go through periods of desperation – perhaps not in a life-threatening way as it was for Moses, but often a situation that we just can't see the way out of. Sometimes it is hard to even think of God at these times, as our heads are swimming with possibilities of what we need to do. But may we find a moment in these times, just to clear our heads, and to put our faith and trust in God, as with Moses, it is often in our times of utmost despair, that we notice his presence most clearly.

Almighty God, I come to You with a seemingly hopeless situation. I need help, so desperately. Point out to me the road to follow, for You are the God who saves me. I put my hope in You. Remember me in the light of Your compassion and unfailing love. Turn to me and have mercy, for I am in deep distress. Amen

Vicky

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