

Praying through the week 19<sup>th</sup> February 2024  
Old Testament



And God said, “Let the water teem with living creatures, and let birds fly above the earth across the expanse of the sky.” Genesis 1:20

- Sometimes, when we are preoccupied with our own thoughts or concerns, something in nature reminds of God...birds that seem to be singing louder than normal...a reminder, perhaps to tune into Him...? ...A red kite soaring ...a sense of His peace and protection...?
- Can you recall a time when you were stopped in your tracks by something awe-inspiring...and how you felt? Perhaps use this experience to draw close to God now...

Jesus assures us our heavenly Father cares for us more than the **birds of the air** and the **lilies of the field** (Matthew 6:26; 28-30)

- Reflect and rest in Jesus’ promise ...what worries would you like to cast on Him ...?

“How many are your works, O Lord!...I will sing to the Lord all my life;...” Ps 104:24, 33

- What is your song, I wonder? Can you ‘sing’ it to Him now ...? And share with others...?

Rachel

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