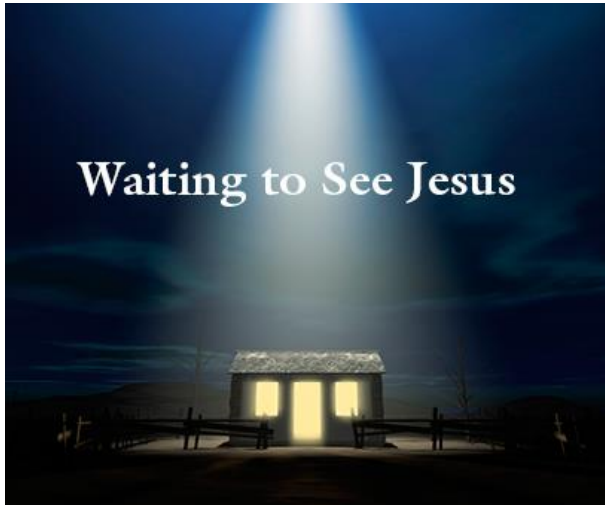


## Praying through the week 4<sup>th</sup> December 2023

Advent



**“I wait for the Lord, my soul waits for him (Psalm 130:6)**

But do we wait for the Lord? Are we able to? In all the babble of our personal and world-wide day to day worries, commercialism, endless pseudo-Christmas songs, reflections on our past year...and so much more.....are we really able to find time to **“be”**- quietly waiting for the Lord, looking forward to His coming....again....

Perhaps it could help to have a tick list to remind us to see each new day of this Advent as:

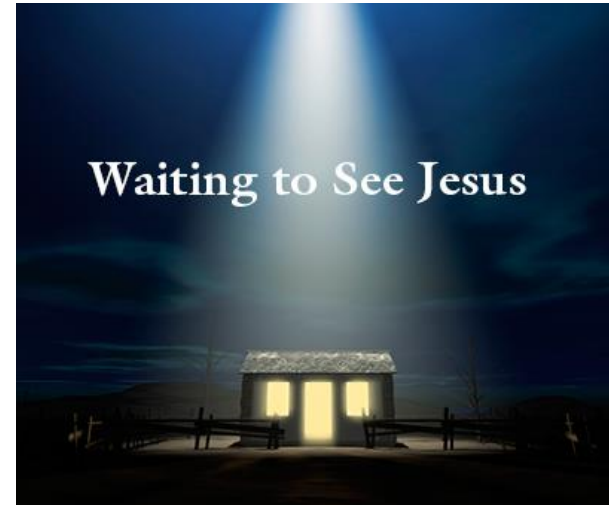
- ✓ a reminder to celebrate the **“Advent”** of Jesus and **give thanks to God for His gift...**
- ✓ a reminder to see the light of each new morning as Christ’s coming, bringing new light into the world – and ask **“what daily light can I shine on our world?”**
- ✓ a reminder to prepare our hearts to welcome Jesus, inviting Him to live in each of us.

As each Advent evening draws near, may we find a quiet space and time to **“be”** with the Lord, giving thanks and praise to God during this time of reflection and waiting as we allow the story of Jesus’ birth to light up our hearts, minds and souls.

Pat.

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