

Praying through the week 14<sup>th</sup> August 2023  
God the Holy Spirit



**In certain ways we are weak, but the Spirit is here to help us. For example, when we don't know what to pray for, the Spirit prays for us in ways that cannot be put into words. Romans 8:26 (CEV).**

Sometimes I find it hard it hard to pray, sometimes this is because I am not sure exactly what I should be praying for, and sometimes because I think I don't really feel I can find the right words.

Similarly I find that some people are reluctant to join prayer groups and meetings as they are worried about finding the right words to pray out loud. Actually the point is that there no right or wrong words – God understands and knows us all well enough, to not only listen to the words we say out loud, but also those that sit silently on our hearts.

Let's pray that we never fail to pray for want of finding the right words.

Heavenly Father, thank You for the presence of Your Holy Spirit in my life. I welcome Him in every aspect of my life. May He freely move and guide me each and every day. I ask for the Spirit to lead me in the decisions I make.

May I choose what's right over what's wrong.

I pray for the Holy Spirit to speak to me in ways I can understand. I pray that those words are loud and clear.

Amen.

Vicky

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