

Praying through the week 19th December 2022 – Advent



“I wait for the Lord, my soul waits for him, my soul looks for the Lord, more than watchmen wait for the morning.” - (Psalm 130:6)

But do we? Can we? In all the business, excitement of children, fear of loneliness, deep financial anxieties, commercialism, endless pseudo-Christmas songs...are we really able to find time to “be”- quietly waiting for the Lord, looking forward to His coming – as our Advent “way of living?” It isn’t easy, is it?

Would it be good to have a tick list helping us to see **each new morning in this Advent** as:

- ✓ a reminder of the coming of Jesus - and give thanks to God for His gift to us.
- ✓ a reminder to see the light of morning, as Christ’s coming bringing light to the world - and ask –“what light can we/I shine on our world each coming day”.
- ✓ a reminder to prepare our hearts to welcome Jesus, inviting Him to live in each of us.

As each evening draws near, and we continue to wait for the coming of the Lord, may we find a quiet space and time to reflect on and give thanks and praise to God as we allow the story of Jesus’ birth to penetrate our hearts, minds and souls.

Pat.

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