## Praying Through This Week 29<sup>th</sup> August 2022



## HAPPINESS

Gracious Lord, we give thanks that You are with us in all that we sense and feel; You are in our joy, in our happiness - Our happiness comes from You. "Happy are the people whose God is the Lord" (Psalm 144:15 GNT) Perhaps reflect for a moment on where you sense God is when you are happy.

And give thanks for his presence.

And Lord, you know that at the moment, many are unable to sense happiness, for so many reasons...Give us compassion and grace to be guided by the words of Paul.

"When others are happy, be happy with them. If they are sad, share their sorrow." (Romans 12:15 NLT)

Pondering on Paul's words, is there, perhaps, someone whose sadness you can "share in prayer" – now?

Lord of All, grant that our outward happiness be a reflection of the deep inner joy we sense when we know You as our Lord. Amen. Pat.

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