

## Praying Through This Week 26<sup>th</sup> September 2021



**Let us come into his presence with thanksgiving,  
let us make a joyful noise to Him with songs of praise (Psalm 95:2)**

We regularly repeat these words at the start of the Eucharistic Prayer:

Eucharistic Prayer

The Lord is here. His Spirit is with us.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,

at all times and in all places

to give you thanks and praise,

holy Father, heavenly King,

almighty and eternal God,

through Jesus Christ your Son our Lord.

But do we actually live them? It is easy to go through the process but we should always remember that to give God praise, it is both our duty and our joy. Take some time to act on this today.

Vicky

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