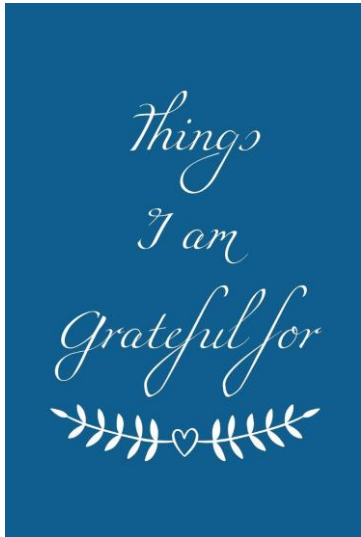


Praying Through This Week 30th August 2021



In all things give thanks (1 Thessalonians 5:18)

Sometimes we find it hard to think of things we are grateful for:

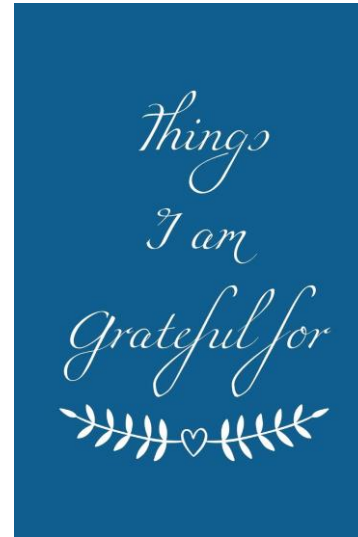
Take a moment...theses could be big things, or small things, but I am sure we can all think of something.

The sun is shining
We have a roof over our head
We have our faith
Our favourite show is back on TV
We have had a visit from friends or families
The unconditional love of our pets
The ever changing nature all around us
Our favourite chocolate bar

Having a gratitude attitude, in the long run is self perpetuating.
The more we are grateful for – the more we find to be grateful for.

Take time out at some point today (and every day), to think of things that you are grateful for. Pass this gratitude on to God in prayer. Vicky

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