

Altogether Service - 7th March 2021

Prayer

We are going to pray soon, but before we do you will need your paper doll chain. Along with making an extra person out of the other strip of paper you have. Along with some tape.

I want you to think of a time that you felt hurt, pause. God wants to heal all of our hurts and he wants to heal the hurt you are thinking of. God wants to free us from all guilt so that we can be like him and love others.

Take your paper dolls and look at you and Jesus, tell Jesus of what hurts you, you can say it aloud or in your head. Tell God of a time when you have excluded/left someone out of something.

Think of that person that you need to forgive who has hurt you in any way. This may be hard for some of us, and that's okay, healing is a process. I want you to make that person into a paper doll like this one.

Hold both the person you need to forgive in one hand and you and Jesus and your friends in the other hand as I lead us in prayer.

PRAYER

God forgiveness is not an easy thing, sometime we find it easy to forgive someone or something quicker than we do something else. Thank you God that no matter what we do, how awful we may feel, that when we come to you and confess our sins you listen and forgive us and don't hold our sins against us.

Lord we thank you for our friends and loved ones who we do life with and support. Lord I ask you bless them and be with them. May they know your love and forgiveness anew each day.

I pray now God for those who have hurt us, left us out and not made life easy. God I give you that person now, and I choose to forgive them for Help me to forgive as you have forgiven us. God we know forgiveness does not mean forgetting, but today we chose to forgive these people and give them and the situation to you. Heal us, strengthen us and may we each know your peace afresh today. **Amen**

Now, take that person and put some tape on their hands and feet, and stick them on to your original paper doll craft. Don't worry if your not quite ready to do this yet, if you're not, just hold them both in your hands and pray daily to God about it.

For some of us, this would have been quite easy and for others of us we may not feel ready to forgive or need to journey it more with God. If that is you please get in touch with us, we have a prayer team who would love to pray for you and with you and we are family here to journey together through things.