

Praying through this week 28th September



“Let joy be your continual feast. Make your life a prayer. And in the midst of everything be always giving thanks, for this is God’s perfect plan for you in Christ Jesus.” 1 Thessalonians 5:16-18 TPT

We are called to live in this way whatever our circumstances. When we are right with God He is at the centre of our being; prayer runs through us, feeding our soul. We may not then be able to do anything but give thanks!

A harmonious relationship with Jesus flows out into our relationships with others, thereby fulfilling the commandments to **“Love the Lord your God with all your heart and with all your soul and with all your mind...Love your neighbour as yourself.”** Matthew 22:37-39

“You will go out in joy and be led forth in peace; the mountains and hills will burst into song before you, and all the trees of the field will clap their hands.” Isaiah 55:12

- Can you imagine the mountains and hills singing and the trees clapping their hands? What emotions does this imagery fill you with? Even if we are not feeling joyous, in being outward looking, the joy may become infectious.
- This week, are you able to reach out with joy in your heart to spread the love of God to all you meet?

“My mouth will speak in praise of the Lord. Let every creature praise his holy name for ever and ever.” Psalm 145:21

