

## Praying through this week 6<sup>th</sup> July



**Give thanks to the Lord for his unfailing love,  
His love endures forever (Psalm 118:1)**

In difficult times, it isn't always easy to find words with which to thank God for his unfailing love for us. Sometimes perhaps we need to be silent, unthinking, unspeaking, letting our hearts talk to God.

St Augustine guides us:

*There is a voice of the heart and a language of the heart.*

*This inner voice is our prayer when our lips are closed  
and our soul is opened to God.*

*We remain silent and our heart speaks,  
not to human ears but to God.*

*You can be sure that God will hear you.*

Let's "heart pray" sometimes....



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